



Family Hubs

Here for everyone

AND (additional needs and/or disability) Sensory Chill Out Session

4:30-5:30 EVERY FRIDAY



Drop in session for the whole family, for children aged between 6-11 who have any type of additional needs, learning or physical disability. An opportunity to come along after school, meet other children, young people and their families. Social interactions in a safe and positive environment.

Parents and carers are required to stay at the session, refreshments provided and a space to meet with other parents and carers to know you are not alone. Siblings very welcome.

This session is a drop in but booking a place would help us to ensure we have enough resources and refreshments for everyone.

To book or to find out more, please contact dorothy.mills@northumberland.gov.uk or call or text 07563377425. If there is anything we can do to support you before your visit, please let us know (doing a separate visit first, meeting staff, photographs of the building and rooms are all available)



We look forward to welcoming you at Blyth Central Family Hub, 103 Wright Street, Blyth, NE24 1HG